

SUNDAY, March 6, 2022



5300 10th Avenue South · Minneapolis, MN 55417
612-825-6846 · nokomisheights.org

a congregation of the Evangelical Lutheran Church in America



Nokomis Heights is a Reconciling In Christ (RIC) Congregation.
We believe the gospel is God's gift to all people, to be shared unconditionally,
without regard to cultural or ethnic background; race; sexual orientation;
gender identity; physical or mental abilities;
socio-economic, marital, or family status; gender; or age.
We welcome lesbian, gay, bisexual, and transgender people, their partners and their
families into full participation in the life and ministry of this congregation.

WORSHIP LEADERS

Pastors	Kristen Capel, Steven Delzer
Guest Preacher	Kelly Chatman
Organist	Julie Urban
Vocalists	Sara Birkeland, Johan Christopherson, Annika Coyle, Carolyn Deters, Chris Meiers
Lector	Marti Priest
Recording/Editing	Dana Lonn, Greg Winter

In our prayers this week: Casey Austad, Linda Austad, Jerry Casterton, Christopher Ferguson, Rich Gronner, Jennifer Harris, Dee Levine, and Blanca Raniolo's sister Nelly.

In-person worship in the Sanctuary, Sundays, at 10:00 am.

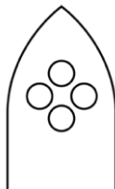
Adult Forum in the Fellowship Hall at 9:00 am,
Sunday School in the Nokomis Room at 9:00 am.

Masks are required.

Online worship premieres at 10:00 am every Sunday.

Find us online on Facebook and YouTube!

www.nokomisheights.org



NOKOMIS
HEIGHTS

Place of Worship. Space for Questions.

NOKOMIS HEIGHTS LUTHERAN CHURCH (ELCA)

MARCH 6, 2022

FIRST SUNDAY IN LENT

10:00 A.M.

A TIME TO CENTER

PRELUDE

“Prelude in E Minor”

J.S. Bach

GROUNDING MOMENT

As earth turns from sunrise to sundown
And seasons turn seamlessly one to another
As our lives turn from praise to pain and back to praise again
So we turn toward God in worship.

In our homes
In our workplaces
In our beds
At our kitchen tables.

We bring all that we are
All that we long to be
And we lay it before God.

As we turn toward God
We discover the miraculous promise
That God is already turned toward us.
Exactly where we are.

A TIME TO GATHER

WELCOME

SONG

“Now Is the Time of Grace”

ACS 918

Leader will sing verses 2 and 3, found on page 4. Please join in the refrain.

Musical notation for the first line of the song. It consists of a single staff in treble clef with a key signature of one sharp (F#). The melody begins with a quarter note G4, followed by quarter notes A4, B4, and C5. A first ending bracket labeled '1' covers the notes G4, A4, and B4. A second ending bracket labeled '2' covers the notes C5, B4, and A4. The line concludes with a quarter note G4. The lyrics 'Now is the time of grace, now is the day of sal - va - tion.' are written below the staff.

Musical notation for the second line of the song. It consists of a single staff in treble clef with a key signature of one sharp (F#). The melody begins with a quarter note G4, followed by quarter notes A4, B4, and C5. A first ending bracket labeled '1' covers the notes G4, A4, and B4. A second ending bracket labeled '2' covers the notes C5, B4, and A4. The line concludes with a quarter note G4. The lyrics 'Turn now, and seek God's face, now be-hold God's in-vi - ta - tion.' are written below the staff.

Verses – Leader

- 1 This is the fast that God would choose:
to loose the bonds of injustice,
to let the captives go free,
and to break the yoke of oppression.
- 2 Sharing your bread with the hungry
and welcoming homeless in,
offering hope and offering help,
this is what God requires. *Refrain*

Refrain

- 3 Then shall your light break forth as dawn,
and healing shall come to you quickly;
then you shall call and God shall answer,
God's love shall go before you. *Refrain*

CONFESSON AND FORGIVENESS

From Ecclesiastes

LEADER: As one season turns to another in the miracle of creation,
so we turn our hearts to God,
who turns our mourning into dancing
and our brokenness into grace upon grace.
To everything there is a season, and now is the season for turning.

ALL: **We turn to God with broken relationships.**

LEADER: Now is a time for healing.

ALL: **We turn to God with regrets we have held too long.**

LEADER: Now is a time for releasing.

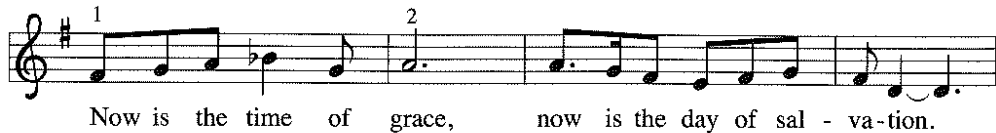
ALL: **We turn to God with despair for what the world has become.**

LEADER: Now is a time for hoping.

ALL: **We turn to God with sighs too deep for words.**

LEADER: To everything there is a season, and now is the season for turning.

ALL: **We turn to God with broken relationships.**



LEADER: God declares to all people, now is the time for grace.
Your sins are forgiven, your brokenness made whole.
Receive through Jesus Christ grace upon grace.

KYRIE

Berg

Leader: **Congregation:**



1. Let us join as one as we pray to the Lord, Lord have mer - cy.
 2. That all of the world may know your peace,

Leader: **Congregation:**



For the peace from a - bove and for our sal - va - tion, Lord have mer - cy.
 That the poor be re - stored and the bound re - leased,

Leader:



For this ho - ly house and for all who in faith, gath - er to wor - ship in this place, that
 That the life of the church may be strong and se - cure an - chored and cen - tered sole - ly on You, and for

Congregation:



we may be - hold a glimpse of Your face, Lord have mer - cy.
 gui - dance and grace in all that we do,

Leader:



Lord have mer - cy, Christ have mer - cy, Lord have mer - cy.

PRAYER OF THE DAY

ALL: When you raised Lazarus from the dead,
 you turned death to life and despair to hope.
 Help us see and believe
 that you enter into the pain and grief of our lives
 as well as our greatest joys,
 and are still at work turning the world around.
 Amen


A TIME TO REFLECT

SONG

“Return to God”


Haugen

Congregation:



Re - turn to God with all your heart, the Source of grace and

Optional Repeat



mer-cy; Come, seek the ten-der faith-ful-ness of God.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff is labeled 'Congregation:' and contains the melody for the first line of the song. The second staff is labeled 'Optional Repeat' and contains the melody for the second line of the song, ending with a double bar line and repeat dots.

THE READING

Psalms 104:27-30

LEADER: These all look to you to give them their food in due season;
when you give to them, they gather it up;
when you open your hand, they are filled with good things.
When you hide your face, they are dismayed;
when you take away their breath, they die and return to dust.
When you send forth your spirit, they are created;
and you renew the face of the ground.

The Word of the Lord.

ALL: **Thanks be to God.**

THE GOSPEL

John 11:1-44

LEADER: Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, “Lord, he whom you love is ill.” But when Jesus heard it, he said, “This illness does not lead to death; rather it is for God’s glory, so that the Son of God may be glorified through it.” Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, “Let us go to Judea again.” The disciples said to him, “Rabbi, the Jews were just now trying to stone you, and are you going there again?” Jesus answered, “Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them.” After saying this, he told them, “Our friend Lazarus has fallen asleep, but I am going there to awaken him.” The disciples said to him, “Lord, if he has fallen asleep, he will be all right.” Jesus, however,

had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world." When she had said this, she went back and called her sister Mary, and told her privately, "The Teacher is here and is calling for you." And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died."

When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus began to weep. So the Jews said, "See how he loved him!" But some of them said, "Could not he who opened the eyes of the blind man have kept this man from dying?" Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, already there is a stench because he has been dead four days." Jesus said to her, "Did I not tell you that if you believed, you would see the glory of God?" So they took away the stone. And Jesus looked upward and said, "Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go."

The Word of the Lord.

ALL: Thanks be to God.

SONG (st. 1 and 5)

"I Am the Bread of Life"

ELW 485

Leader or All

1 "I am the Bread of life. You who
5 Yes, Lord, I be - lieve that
come to me shall not hun - ger, and who be -
you are the Christ, the
lieve in me shall not thirst. No one can come to
Son of God, who have
me un - less the Fa - ther beck - ons."
come in - to the world.

Refrain
All

"And I will raise you up, and I will raise you up,
and I will raise you up on the last day."

A TIME TO PRAY

PRAYERS OF THE CHURCH

LEADER: Turning to God in prayer, we pour out our hearts, confident in God's promise to hear and receive.

The image shows two staves of musical notation in G major (one sharp). The first staff begins with a treble clef and a key signature of one sharp (F#). It contains two measures of music. The first measure is marked with a '1' above it and contains the notes G4, A4, B4, A4, G4, F#4, E4, D4. The second measure is marked with a '2' above it and contains the notes D4, E4, F#4, G4, A4, B4, A4, G4. Below the first staff is the text: "Now is the time of grace, now is the day of sal - va - tion." The second staff also begins with a treble clef and a key signature of one sharp. It contains two measures of music. The first measure contains the notes G4, A4, B4, A4, G4, F#4, E4, D4. The second measure contains the notes D4, E4, F#4, G4, A4, B4, A4, G4. Below the second staff is the text: "Turn now, and seek God's face, now be-hold God's in-vi - ta - tion."

LEADER: Living God, you wept with Mary and Martha, and had compassion on their grieving spirits. As you showed up in this world, word made flesh, may we too embody your compassion toward all whose spirits are hurting.

Lord, hear our prayer.

ALL: **We turn to you, O God.**

LEADER: Creator God, all your creatures look to you to give them their food in due season.

You give it to the world; we gather it. You open your hand, and we are filled with good things. Help us share the earth's food, water and resources with everyone who hungers or thirsts. Help us gather, but not hoard. Help us feed, not look away. Help us nourish all living things.

Lord, hear our prayer.

ALL: **We turn to you, O God.**

LEADER: Sustaining God, you send forth your Spirit into the world, and all your creatures are revived and restored, and so you continually renew the face of the earth. Breathe into us your Holy Spirit, so that we in turn may help renew our communities. Help us breathe your new life into all who are tired, numb, worn out, or impatient.

Lord, hear our prayer.

ALL: **We turn to you, O God.**

LEADER: Healing God, we pray for all who feel like they are falling apart in body, mind, or spirit. Send the power of your love to calm restless minds, heal the brokenhearted, and bring new life to fragile bodies. Where physical healing is not possible, bring peace that passes understanding and faith to entrust our lives to your everlasting care.

Lord, hear our prayer.

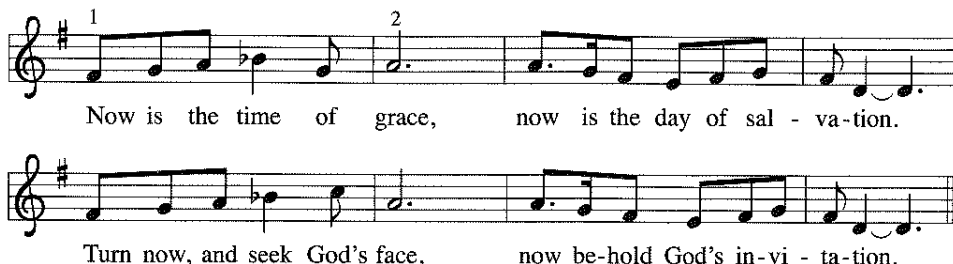
ALL: **We turn to you, O God.**

LEADER: Almighty God, we turn to you. Shine your light. Transform our world. Guide us in the way shown by Jesus, the Word made flesh, living among us. In the name of God our Creator, Christ our Redeemer, and the Holy Spirit our Comforter, we pray.

ALL: **Amen**

LORD'S PRAYER

ALL: **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory
are yours, now and forever. Amen**



Now is the time of grace, now is the day of sal - va - tion.
Turn now, and seek God's face, now be-hold God's in-vi - ta - tion.

A TIME TO GIVE

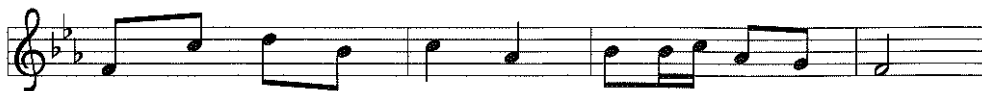
SHARING THE PEACE

LEADER: The peace of Christ be with you always.

ALL: **And also with you.**

GENEROSITY MOMENT

There are many ways to support Nokomis Heights. You can mail a check to the church office or make a one-time donation online at nokomisheights.org/give. For regular giving, we recommend you download and use the Vanco Mobile app. Thank you for your generosity. Your contributions spread love throughout our community.



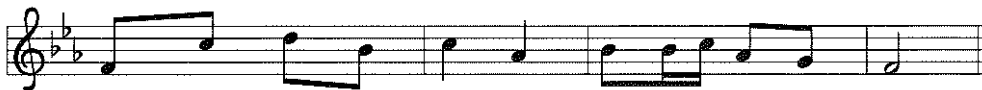
1 Build a long - er ta - ble, not a high - er wall,
 2 Build a saf - er ref - uge, not a larg - er jail;
 3 Build a broad - er door - way, not a long - er fence.
 4 When we lived as ex - iles, ref - u - gees a - broad,



feed - ing those who hun - ger, mak - ing room for all.
 where the weak find shel - ter, mer - cy will not fail.
 Love pro - tects all peo - ple, spar - ing no ex - pense.
 Christ be - came our door - way to the reign of God.



Feast - ing to - geth - er, strang - er turns to friend,
 For an - y place where jus - tice is de - nied,
 When we em - brace com - pas - sion more than fear,
 So must our ta - bles wel - come those who roam.



Christ breaks walls to piec - es; false di - vi - sions end.
 Christ will breach the jail wall, free - ing all in - side.
 Christ tears down our fenc - es: all are wel - come here.
 None can be ex - clud - ed; all must find a home.

OFFERING PRAYER

ALL: God of abundance,
 receive these gifts of our hearts and lives,
 and use them to build the biggest table imaginable,
 that all might be fed and live together in peace.
 Amen

A TIME TO BE SENT

ANNOUNCEMENTS

BENEDICTION

SONG (st. 1-4)

“Oh, for a Thousand Tongues to Sing”

ELW 886

1 Oh, for a thou-sand tongues to sing my great Re-deem-er's praise,
2 My gra-cious Mas-ter and my God, as-sist me to pro-claim,
3 The name of Je-sus charms our fears and bids our sor-rows cease,
4 He speaks, and lis-t'ning to his voice, new life the dead re-ceive;

the glo-ries of my God and king, the tri-umphs of his grace!
to spread through all the earth a-broad the hon-ors of your name.
sings mu-sic in the sin-ner's ears, brings life and health and peace.
the mourn-ful, bro-ken hearts re-joice, the hum-ble poor be-lieve.

The image shows a musical score for the hymn "Oh, for a Thousand Tongues to Sing". It consists of two systems of music. Each system has a vocal line in the treble clef and a piano accompaniment line in the bass clef. The key signature is one sharp (F#). The lyrics are printed below the vocal line, with four verses of text. The first system covers the first four verses, and the second system covers the continuation of the lyrics.

SENDING

LEADER: Go in peace. Love and serve the Lord.

ALL: **Thanks be to God.**

Moment of silence

POSTLUDE

“Oh, for a Thousand Tongues to Sing”

Biery

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