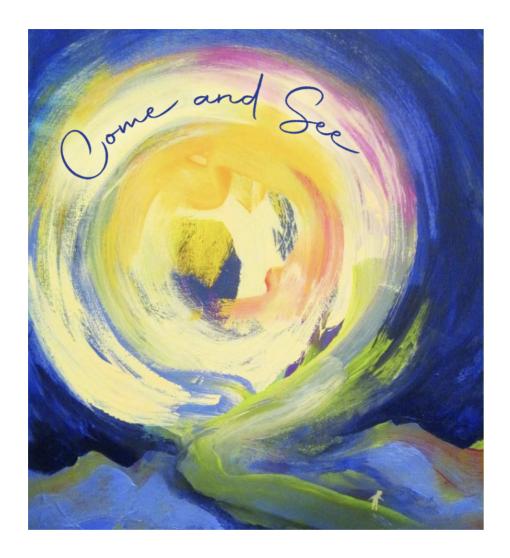
SUNDAY, February 13, 2022



5300 10th Avenue South \cdot Minneapolis, MN 55417 612-825-6846 \cdot nokomisheights.org





Nokomis Heights is a Reconciling In Christ (RIC) Congregation. We believe the gospel is God's gift to all people, to be shared unconditionally, without regard to cultural or ethnic background; race; sexual orientation; gender identity; physical or mental abilities; socioeconomic, marital, or family status; gender; or age. We welcome lesbian, gay, bisexual, and transgender people, their partners and their families into full participation in the life and ministry of this congregation.

WORSHIP LEADERS

Pastors Kristen Capel, Steven Delzer

Organist Julie Urban

Musicians Sara Birkeland, Kristen Capel, Annika Coyle,

Johan Christopherson, Carolyn Deters, Tim Wicker,

Lector Linnea Eckman
Children's Message Libby Bottem
Recording/Editing Dana Lonn

In our prayers this week: Casey Austad, Linda Austad, Jerry Casterton, Rich Gronner, Jennifer Harris. Dee Levine. Blanca Raniolo's sister Nelly, and Eric and Piper Roome.

In-person worship in the Sanctuary, Sundays, at 10:00 am.

Adult Forum in the Fellowship Hall at 9:00 am,
Sunday School in the Nokomis Room at 9:00 am.

Masks are required.

Online worship premieres at 10:00 am every Sunday.

Find us online on Facebook and YouTube!

www.nokomisheights.org



Place of Worship. Space for Questions.

NOKOMIS HEIGHTS LUTHERAN CHURCH (ELCA)

FEBRUARY 13, 2022

SIXTH SUNDAY AFTER EPIPHANY

10:00 A.M.

GATHERING

PRELUDE

"Bread of Life from Heaven"

Young

WELCOME

CONFESSION AND FORGIVENESS

LEADER: In each of our hearts live pieces of brokenness—mistakes we have made and regrets long held.

These things do not define us.

Jesus shines in us and through us. This is the light that defines us—

the light of Christ, the light of life, the Light of the World.



LEADER: The light shines in the darkness, and the darkness has not overcome it.

Jesus says to you, child of God,

"Let your light so shine before others that they may see your good works and glorify your creator in heaven."

ALL: Amen



PRAYER OF THE DAY

ALL: God of sustenance,

your miracle of feeding 5000 demonstrates the gift of bread that is broken and shared with our neighbor.

Help us work together to feed and care for one another. Amen

WORD

THE READING Psalm 36:5-9

LEADER: Your steadfast love, O Lord, extends to the heavens, your faithfulness to the clouds.

Your righteousness is like the mighty mountains,

your judgments are like the great deep;

you save humans and animals alike, O Lord.

How precious is your steadfast love, O God!

All people may take refuge in the shadow of your wings.

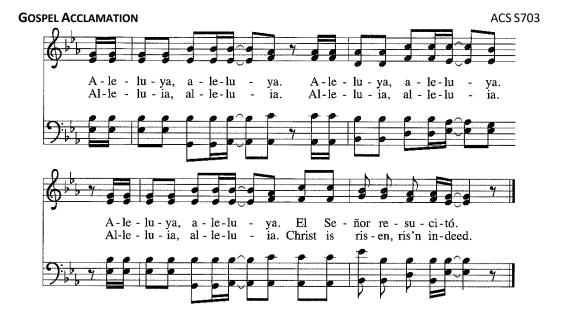
They feast on the abundance of your house,

and you give them drink from the river of your delights.

For with you is the fountain of life; in your light we see light.

The Word of the Lord.

ALL: Thanks be to God.



THE GOSPEL John 6:1-15

LEADER: After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples.

Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down."

Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

The Word of the Lord.

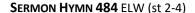
ALL: Thanks be to God.

CHILDREN'S MESSAGE Libby Bottem

BLESSING SONG "The Song of Blessing" Nelson/Weins

May God give you eyes to see
all that is good, all that is good,
the courage for anything,
may you be strong, may you be strong.
May God give you ears to hear
God's loving voice, God's loving voice
speaking all around you,
all around and deep inside.

SERMON Pastor Kristen Capel



"You Satisfy the Hungry Heart"

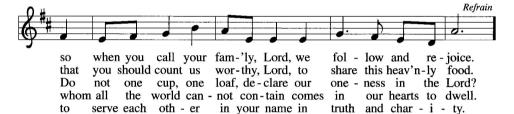




Come give to us, 0 sav-ing Lord, the bread of life to eat.



- when the shep-herd calls his sheep, they know and heed his voice; 1
- With joy ful lips we sing to 2 praise and grat - i - tude vou our
- not the cup we bless and share blood of Christ out-poured? 3 Is the
- 4 The mys-t'ry of your pres-ence, Lord, no mor tal tongu 5 You give your-self to us, O Lord; then self-less let mor - tal tongue can tell:



PRAYERS OF THE CHURCH

Between each prayer petition, there will be time for reflection.



LEADER: We celebrate the diversity of our bodies, and we honor people of all abilities.

We pray for tenderness and mercy to be restored in our relationships.

We pray for those without shelter or food, especially on these bitterly cold winter days.

We pray for all of creation, groaning under the weight of pollution and abuse. Help us to take steps to protect the air we breathe, the water we drink, and the land that nourishes us.

We pray for an end to systemic racism and all the injustice in our world.

We celebrate all LGBTQIA+ people and pray for a society that honors all people

We pray in thanksgiving for this church, and for all of the ways we gather and serve.

We pray for teachers who dedicate their lives to educate our children, and children who learn with curious minds.

We pray for all of those in need of healing, especially (members and friends in need of prayer) and those we name in our hearts and homes at this time.

Grateful for the abundance of your love, shown to us in the waters of baptism, we lift all these prayers to you, O God, trusting that you receive them with mercy and grace.

ALL: Amen



LORD'S PRAYER

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen

SHARING THE PEACE

LEADER: The peace of Christ be with you always.

ALL: And also with you.

GENEROSITY MOMENT



OFFERING PRAYER

ALL: Generous God,

your goodness floods the earth with beauty

and our hearts with love.
Receive the gifts we bring—

gifts of service, compassion, and resources;

an overflowing of your goodness into the world. Amen

SENDING

ANNOUNCEMENTS

BENEDICTION

CLOSING HYMN 618 ELW (st. 1-2)

"Guide Me Ever, Great Redeemer"

See music on page 11

SENDING

LEADER: Go in peace to love and serve the Lord.

ALL: Thanks be to God.

Moment of silence

POSTLUDE "God of Grace" Manz

618 Guide Me Ever, Great Redeemer Re - deem - er, pil - grim through this Guide me ev er, great where the O - pen now the tal foun - tain heal - ing crys the verge Jor - dan, bid my anx - ious 3 When I tread of might - y; am weak, but land. I you are bar - ren fire and cloud - y pil - lar lead me wa - ters flow; let the fears sub - side; death of death and hell's de - struc - tion, land me Bread of heav - en, of heav - en, with your pow'r-ful hand. bread jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer, my safe on Ca - naan's side. Songs and prais - es, songs and prais - es feed me now and ev - er-more, ev - er-more, feed me now and ev - er - more. shield me with your might-y arm, might-y arm, shield me with your might-y arm. will raise for - ev - er-more, ev - er-more, I will raise for - ev - er - more.

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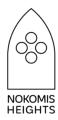
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Place of Worship. Space for Questions